



Community Resource Guide

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This guide was created as a resource for the parents, guardians, staff, and community partners of the Oceanside Unified School District. It is a living document and will be updated as needed and as new resources are identified. For an up-to-date list of current programs and services, please visit the OUSD Parent Resources website at www.ouside.us/parentresources. The resources listed are, for the most part, located within the city of Oceanside. For a more comprehensive list of services available throughout San Diego County, please visit the 211SanDiego website.

Emergency Services	Dial 9-1-1	Police, Fire, or Emergency Medical Assistance
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Emergency Hotlines		
Organization	Location & Phone Number	Services
National Suicide Prevention Lifeline	800-273-8255	Provides free and confidential crisis counseling and mental health referrals 24 hours a day, 7 days a week. Call is routed to the nearest crisis center.
PERT: Psychiatric Emergency Response Team	619-276-8112	Specially trained officers and deputies paired with licensed mental health professionals respond to situations involving people experiencing a mental health crisis.
California Youth Crisis Line	800-843-5200	Provides support and referrals to California youth and their families through a 24 hour confidential youth crisis line for runaway children or those considering running away.
Children of the Night National Hotline	800-551-1300	Provides intervention for children who are sexually exploited and vulnerable to or involved in prostitution and pornography.
San Diego Access & Crisis Line	888-724-7240	Provides a free 24 hour, 7 days a week, confidential, crisis intervention hotline for anyone struggling with issues such as depression, anxiety, loss or anger.
County Domestic Violence and Sexual Assault Hotline	888-385-4657	24 hour toll free county-wide crisis line for crisis intervention and information referrals related to domestic violence and sexual assault.
Crisis Intervention and Hotline Women's Resource Center	760-757-3500	Offers a 24 hour crisis hotline to victims of domestic violence and sexual assault and provides crisis intervention services in person or via telephone.

Child Abuse Hotline Child Welfare Services	800-344-6000	Provides a 24 hour hotline staffed by trained social workers to report suspected child abuse and neglect.
Childhelp National Child Abuse Hotline	800-422-4453	Provides a confidential 24 hour crisis intervention line which offers information and referrals to emergency social service, and support resources for children.
National Domestic Violence Hotline	800-799-7233	Provides crisis intervention, information, and referrals to victims of domestic violence, friends, families and perpetrators.
Rape Crisis Center	858-272-5777	Operates a rape crisis center with a 24 hour hotline. Provides crisis counseling to victims of assault, rape, and domestic violence.
National Human Trafficking Hotline	888-373-7888	A national anti-trafficking hotline serving victims and survivors of human trafficking.
Boys Town National Hotline	800-448-3000	Provides a toll-free telephone crisis, resource, and referral service for at risk children and parents.
National Organization for Victim Assistance: Hotline for Victims of Crime and Disaster	800-879-6682	Refers most victims/survivors to services near their homes, but also serves as primary counselor and advocate for victims/survivors.
Teen Line	310-855-4673	Provides a free confidential teen to teen peer counseling helpline.
Trevor Project	1-866-488-7386	Trained counselors available 24/7 to support young people who are LGBTQ and in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk. Text, chat, and in-person options avail.
California AIDS Hotline	800-367-2437	Provides information and referral on AIDS resources, HIV testing, counseling, and transmission and prevention of HIV.
YWCA 24 hour Hotline	619-234-3164	Provides referrals to shelter, food, housing, income.

Basic Needs: Emergency Food, Housing, Clothing
(for long term services see Enrollment Services)

Food

Organization	Location & Phone Number	Services
Nourish North County San Diego Food Bank www.sandiegofoodbank.org www.northcountyfoodbank.org	<p>El Camino HS 400 Rancho del Oro Drive Oceanside, CA 92057</p> <p>Oceanside HS 1 Pirates Cove Way Oceanside, CA 92054</p> <p>Nichols Elementary 4250 Old Grove Road Oceanside, CA 92057</p>	<p>Contact: Kathy Easterbrook Room 508 Open from 2:20pm-2:45pm M-F</p> <p>Contact: Bill Richman Located off the Horne Street gate next to AVCOM Open Tuesday-Thursday 2:30pm-4:00pm</p> <p>Contact: Migdania (Vely) Hernandez Figueroa Located in room N1 Open Fridays 8:30am-10:30am to Nichols community</p>
Feeding San Diego www.feedingsandiego.org	<p>San Luis Rey/Garrison Elementary 3535 Hacienda Drive Oceanside, CA 92054</p> <p>Laurel Elementary 1410 Laurel Street Oceanside, CA 92058</p> <p>Melba Bishop Community Recreation Center 760-435-5550 5306 North River Road Oceanside, CA 92057</p> <p>Crown Heights Community Resource Center 760-489-6380 1210 Division Street Oceanside, CA 92054</p>	<p>Bi-weekly food distribution providing staple items and fresh produce.</p> <p>First & Third Friday of the month from 2:00pm-3:00pm</p> <p>First & Third Thursdays of the month from 2:00pm-4:00pm</p> <p>Second & Fourth Tuesdays of the month from 11:00am-12:00pm</p> <p>Second & Fourth Tuesdays of the month from 11:00am-1:00pm</p>

	Cesar Chavez Community Center 760-489-6380 605 San Diego Street Oceanside, CA 92058 Libby Lake Community Center 760-489-6380 4700 North River Road Oceanside, CA 92057	Second & Fourth Tuesdays of the month from 2:00pm-4:00pm Second & Fourth Wednesdays of the month from 11:00am-1:00pm
Food for Kids Friday Backpack Program www.sandiegofoodbank.org www.northcountyfoodbank.org	<ul style="list-style-type: none"> • Del Rio Elementary • Garrison Elementary • Ivey Ranch Elementary • Laurel Elementary • Libby Elementary • Mission Elementary • San Luis Rey Elementary 	Provides weekend food packages to chronically hungry elementary school students from low-income households who are at risk of hunger over the weekend.
Emergency Food Assistance Program (EFAP), Brother Benno's Foundation	760-439-1244 3260 Production Ave. Oceanside, CA 92058	The Emergency Food Assistance Program (EFAP) distributes USDA food each month. Eligible participants who do not exceed low income guidelines may be eligible to receive EFAP once a month.
Brother Benno's Center www.brotherbenno.org	760-439-1244 3260 Production Ave. Oceanside, CA 92058	A drop-in center that provides services to homeless and low-income people. Offers meals including breakfast and sack lunches during the week from 6:30am-8:00am, and a Saturday brunch from 10:00am-11:30am.. Distributes food boxes, clothing and basic toiletries, provides shower, laundry facilities and haircuts.
Boys and Girls Clubs of Oceanside www.bgcoceanside.org	760-433-8920 401 Country Club Lane Oceanside, CA 92054	Offers free noon meals during the summer for ages 5-18.
Oceanside Public Library www.ci.oceanside.ca.us	Civic Center 760-435-5600 330 N. Coast Hwy.	Offers free afternoon meals to youth 0-18 yrs. old year-round Monday - Friday 3:00-3:30

	Oceanside, CA	Summer hours: M-F 11:15-12:00pm
Community Garden: Ivey Ranch Park Association	760-722-4839 110 Rancho del Oro Drive Oceanside, CA 92057	Provides garden plots for community members to cultivate, plant, and grow flowers, herbs, fruit, and vegetables.
Hand Up Food Pantry: Camp Pendleton www.jfssd.org	858-637-3210 Religious and Development Center Building 1344 Camp Pendleton, Ca 92058	Market style food distribution for military families, providing fresh produce, non-perishables, and diapers.
Mobile Farm Stand, Camp Pendleton www.sandiego.networkofcare.org	760-479-6505 Unit Event Center Building 51919 (Basilone Gate) San Onofre, CA 92058	Offers free certified-organic vegetables for active-duty military families in partnership with Hand Up Youth Food Pantry
Bread of Life Supplemental Food Box Program www.northcoastcommunityservice.org Congregate Meal	760-809-8298 1919 Apple Street Ste.I-M Oceanside, CA 92058 760-722-0800 1919 Apple Street, Suite R Oceanside, CA 92054	Provides nutritious food boxes from the pantry to low income families and individuals. Monday, Wednesday, Friday from 9:00am-12:00pm Last Thursday of the month at 3:00pm Offers a hot meal to low income residents of North County. Meals are served nightly from November 1st to March 31st. Closed on Saturdays from April 1st to October 31st.
Sarah's Hope Food Pantry First Christian Church of Oceanside	760-722-8522 204 S. Freeman Street Oceanside, CA 92054	Provides groceries and hot meals to individuals and families in need. Also provides clothing as available. Sunday 12:00pm-1:00pm Monday 12:00pm-2:00pm Tuesday 12:00pm-1:30pm
Office of Social Outreach Mission San Luis Rey Parish www.sanluisreyparish.org	760-547-0708 4070 Mission Ave. Oceanside, CA 92057	Provides emergency food and shelter referrals. Diapers and formula are provided when available. Rent and utility assistance provided as funds are available.

<u>Food Pantry & Fresh Choice Program, Oceanside Corps Salvation Army</u> www.oceanside.salvationarmy.org	3935 Lake Blvd. Oceanside, CA 92056	Provides emergency food assistance including canned goods, fresh fruit, vegetables, and bread to low income clients once a month. Monday, Wednesday, Friday from 8:30am-12:00pm
<u>Serving Hungry Adults & Children in Kindness (SHACK) Community Lutheran Church</u> www.cloceansie.com	760-722-3337 4507 Mission Ave. Oceanside, CA 92057	Provides a food distribution to anyone in need and includes fresh produce, breads, and canned goods. Third Saturday of the month from 9:30am-10:30am
<u>Interfaith Community Services Basic Needs Walk-in Services</u> www.interfaithservices.org	760-721-2117 4700 N. River Road Oceanside, CA 92057	Provides social services such as emergency food, hygiene packets, day bus passes or gas vouchers for documented medical or job needs, clothing voucher to thrift store
<u>North County Health Services Food Distribution & Mobile Pantry</u> www.nchs-health.org	760-736-6767 858-452-3663 5306 N. River Road Oceanside, CA 92057	In collaboration with Feeding San Diego, offers food assistance and food distribution on the 2nd and 4th Tuesday of every month including staple items and fresh produce.
<u>Food Pantry TERI, Inc.</u> www.teriinc.org	760-357-6875 251 Airport Road Oceanside, CA 92058	Offers a weekly food distribution to anyone in need.
<u>MiraCosta Foundation</u> www.miracosta.edu	760-795-6616 MiraCosta College Campus 1 Barnard Drive Oceanside, CA 92056 MiraCosta College Community Learning Center 1831 Mission Ave. Oceanside, Ca 92058	Provides produce, bread, and dry goods to students of MCC with Spartan Pass or Student ID number. <u>Monthly Farmers Market</u> <u>Mobile Food Pantry calendar</u>

Clothing		
Organization	Location & Phone Number	Services
<u>Assistance League of North County</u>	P.O.Box 2682 Carlsbad, CA 92018 info@alnc.org	Shoes, socks, and hygiene kits are provided weekly for local students in need. Uniforms and clothing are

www.alnc.org		given to students as needed.
Assistance League of North County Chapters for Children www.alnc.org	P.O.Box 2682 Carlsbad, CA 92018 info@alnc.org	Distribute clothing and school supplies for children of service members at Camp Pendleton.
Interfaith Community Services Basic Needs Walk-in Services www.interfaithservices.org	760-721-2117 4700 N. River Road Ste A Oceanside, CA 92057	Provides social services such as emergency food, hygiene packets, day bus passes or gas vouchers for documented medical or job needs, clothing voucher to thrift store
Sarah's Hope Food Pantry First Christian Church of Oceanside	760-722-8522 204 S. Freeman Street Oceanside, CA 92054	Provides groceries and hot meals to individuals and families in need. Also provides clothing during hot meals as available.
Brother Benno's Center www.brotherbenno.org	760-439-1244 3260 Production Ave. Oceanside, CA 92058	A drop-in center that provides services to homeless and low-income people. Offers meals including breakfast and sack lunches during the week and a Saturday brunch. Distributes food boxes, clothing and basic toiletries, provides shower, laundry facilities (must do 2 hours worth of volunteer work per load of laundry) and haircuts.

Emergency Housing & Shelters		
Organization	Location & Phone Number	Services
Interfaith Shelter Network www.interfaithservices.org	760-489-6380 ext. 249	Provides access to small rotating shelters operated by faith communities that provide 2 weeks at each location. Shelters are open to single adults and families.
Drop-In Resource Center and Shelter	858-598-3238 Call for more information, referral, walk-in services. Monday-Friday 9:00am-5:00pm	Operates a drop-in resource center in North County that provides clothing, toiletries, nonperishable food items, diapers, case management, support groups, and therapy, to victims of human trafficking.

Women's Resource Center www.wrcnepa.org	760-757-3500 1963 Apple Street Oceanside, CA 92054	Provides emergency shelter and support for women and their children.
Carol's House www.crcncc.org	760-633-1111 info@crcncc.org	Provides a 24 bed emergency shelter for all female victims of domestic violence (caused by partner) including their children, offering residents a safe home for 45-60 days in the emergency shelter while receiving concurrent services.
Standup for Kids, San Diego www.standupforkids.org	619-237-5437 sandiego@standupforkids.org	Offers a drop in center for homeless teens, street outreach, mentoring, send a kid home program, snack and shower program (kids that live in cars) and apartment support.
GenerateHope, San Diego www.generatehope.org	619-818-4026 susan@generatehope.org	Provide long-term, comprehensive care to survivors of sex trafficking. Offers transitional housing, therapy, education, and case-management. Services for women only.
Hidden Valley House www.ccssd.org	760-480-0055 info@ccssd.org	Provides temporary, emergency shelter for survivors of domestic violence and their children.
Becky's House Emergency Shelter YMCA of SD County www.ywcasandiego.org	619-234-3164	A short-term residential program for women, men, and children in need of immediate protection from domestic violence.

Enrollment Services: Medi-Cal, Covered CA, CalFresh, SNAP, WIC, Section 8 Housing		
Organization	Location & Phone Number	Services
North Coastal Family Resource Center www.sandiegocounty.gov	866-262-9881 1315 Union Plaza Ct. Oceanside, CA	Offers self-sufficiency services including: Cal-Learn, CalWORKs, CAPI, Children in Need, Inc., Direct Deposit, Domestic Violence Safety Plan, CalFresh, Healthy San Diego, Medi-Cal.
North County Health Services NCHS	760-566-1567	Certified enrollment specialists are available to assist patients in

www.nchs-health.org	605 Crouch Street Oceanside, CA 92054	enrolling in CalFresh, Medi-Cal, or Covered California.
Vista Community Clinic VCC Insurance and Benefits Enrollment Services www.vistacommunityclinic.org	844-308-5003 818 Pier View Way, Oceanside, CA 92054 517 N. Horne Street Oceanside, CA 92054 4700 N River Road Oceanside, CA 92057	Provides assistance in enrolling patients in health insurance and public benefit programs that are available to low-middle income individuals. This includes Covered California, Medi-Cal, CalFresh and WIC.
Consumer Center for Health Education and Advocacy (CCEA) , North County Office Legal Aid Society of San Diego www.lasdsd.org	877-734-3258 216 Tremont Street Oceanside, CA 92054	Offers free help to individuals seeking information about how they can get health benefits.
American Red Cross WIC www.redcross.org	800-500-6411 Melba Bishop Center 5306 N. River Road Oceanside, CA 92057 Oceanside 1906 Oceanside Blvd. Oceanside, CA 92054	Supplemental nutrition assistance program that helps pregnant women, infants, and children (up to age 5) eat well, stay healthy, and be active.
American Red Cross WIC, Camp Pendleton, San Onofre Center www.redcross.org	800-500-6411 Pass & ID Card Building Building 130132 (Vandergrift & 14th Street) Camp Pendleton, CA 92055 San Onofre Transition Readiness & Career Center Building 51919 Camp Pendleton, CA 92055	Supplemental nutrition assistance program that helps pregnant women, infants, and children (up to age 5) eat well, stay healthy, and be active.
North County Health Services Womens, Infants, and Children (WIC) Supplemental Nutrition Program, Oceanside www.nchs.health.org	888-477-6333 2210 Mesa Drive Suite 100 Oceanside, CA 92054	Supplemental nutrition program to help pregnant women, infants, and children (up to age 5) eat well, stay healthy, and be active.
Healthy Development Services	858-966-8235	Services for early identification and

<u>(HDS Coordinator), North Coastal Region</u> First 5 San Diego <u>www.first5sandiego.org</u>	3605 Vista Way Suite 201 Oceanside, CA 92056	treatment of children with mild to moderate developmental delays. Services include assessment and treatment for developmental (including speech and language) and behavioral concerns, parent education, and care coordination to all families receiving HDS services.
<u>Oral Health Initiative (OHI)</u> First 5 San Diego <u>www.nchs-health.org</u> <u>www.sandiegonetworkofcare.org</u>	760-631-5000 4700 N River Road Oceanside, CA 92057 760-400-0277 2201 Mission Ave. Suite 103 Oceanside, CA 92058	Provides Oral health services, care coordination, and preventative education to children ages birth through five and pregnant women with the goal of improving oral health.
<u>Section 8 Housing Choice Voucher Program</u> <u>www.ci.oceanside.ca.us</u>	City of Oceanside Housing Division Office 760-435-3360 321 N. Nevada Street Oceanside, CA 92054	Section 8 (also known as Housing Choice Voucher) provides rent assistance to qualifying families meeting the “extremely low” and “very low” income standards as defined by HUD.
<u>City of Oceanside Housing Division Office</u> Family Self-Sufficiency Program FSS <u>www.ci.oceanside.ca.us</u>	City of Oceanside Housing Division Office 760-435-3360 321 N. Nevada Street Oceanside, CA 92054	Available to all families receiving Housing Choice Vouchers. It is voluntary and designed to assist families in becoming self-sufficient so they will no longer need to rely on public assistance.
<u>North County Lifeline, Inc. Communities in Action (CinA)</u> <u>www.nclifeline.org</u>	760-726-4900	Case management services to assist individuals and families improve their life circumstances/self-sufficiency. This program will assist individuals and families with applications to public assistance programs, connection to employment and vocational programs, free tax preparation, financial education classes and cognitive/educational classes and activities.

Health & Wellness		
Organization	Location & Phone Number	Services
Vista Community Clinic www.vistacommunityclinic.org	760-631-5000 818 Pier View Way Oceanside, CA 92054 4700 North River Road Oceanside, CA 92057 517 N. Horne Street Oceanside, CA 92054	Offers comprehensive medical care for adults, children, and families in the community.
Vista Community Clinic Women's Health Services www.vistacommunityclinic.org	760-631-5000 818 Pier View Way Oceanside, CA 92054 4700 North River Road Oceanside, CA 92057 517 N. Horne Street Oceanside, CA 92054	Provides comprehensive obstetrics and gynecological services including prenatal and postpartum care, pregnancy testing, STD testing, family planning, emergency contraception, breast health and cancer screenings.
Maternal Child Health, North Coastal Region	760-967-4401 3609 Ocean Ranch Blvd. Oceanside, CA 92056	A free, voluntary prevention program that provides nurse home visitation to at-risk, low income pregnant and postpartum women and their children from birth to 5 years old.
North County Health Services www.nchs-health.org Mission Mesa Pediatrics Center Mission Mesa Women's Health Center	760-736-6767 2210 Mesa Drive Ste. 300 Oceanside, CA 92054 2210 Mesa Drive Ste 5 Oceanside, CA 92054	Provides comprehensive pediatric medicine. Provides comprehensive women's health care including pregnancy and delivery, birth control, well-woman & annual exams.
North County Health Services La Mision Health Center	760-736-6767 3220 Mission Avenue Unit #1 Oceanside, CA 92058	Provides comprehensive medical services including wellness and sick visits, diagnosis and treatment of illness and injuries, minor surgeries and procedures, chronic disease

Oceanside Loma Alta Health Center Oceanside Specialty Health Center www.nchs-health.org	605 Crouch Street Bld. C Oceanside, CA 92054 619 Crouch Street, Ste 100 Oceanside, CA 92054	management, cancer screening and diagnosis, diabetes screening and management, regular check-ups and immunizations.
Immunization Clinic, North Coastal Public Health Center www.sandiegocounty.gov	760-967-4401 3609 Ocean Ranch Blvd Ste. 104 Oceanside, CA 92056	Provides routine childhood and adolescent vaccines.
SD Health & Human Services Agency www.sandiegocounty.gov Public Health Clinics and Public Health Nursing, North Coastal www.sandiegocounty.gov	760-967-4401 3609 Ocean Ranch Blvd. Oceanside, CA 92058	Provides a variety of healthcare and health education services to help low-income individuals and families prevent illness and maintain good health. Programs include: Black Infant Health Program, California Children's Services, Child Health and Disability Prevention Program, Chronic Disease and Health Equity, Clinic Svs. (immunizations & screenings)
North County LGBTQ Resource Center www.ncresourcecenter.org	760-994-1690 3220 Mission Ave. Ste. 2 Oceanside, CA 92058	Services include support groups for youth, seniors, military service members, HIV/AIDS testing and prevention, counseling, civil rights advocacy, classes, and workgroups.
YMCA Our Safe Place www.ymcasd.org	760-908-9647 North Coastal Drop-In Center TAY Academy 215 Barnes Street Oceanside, CA 92054	A certified outpatient behavioral health program that provides a welcoming a supportive environment for LGBTQIA+ youth ages 12-21 and their families.
Healthy Development Services (HDS Coordinator), North Coastal Region First 5 San Diego www.sandiego.networkofcare.org www.rchsd.org	858-966-8235 3605 Vista Way Suite 201 Oceanside, CA 92056	An array of services for early identification and treatment of children with mild to moderate developmental delays. Services include assessment and treatment for developmental (including speech and language) and behavioral concerns, parent education, and care coordination to all families receiving HDS services.

Oral Health Initiative (OHI) First 5 San Diego www.my211.force.com	760-631-5000 4700 N River Road Oceanside, CA 92057 760-400-0277 2201 Mission Ave. Suite 103 Oceanside, CA 92058	Provides Oral health services, care coordination, and preventative education to children ages birth through five and pregnant women with the goal of improving oral health.
North County Health Services Dental Care, Oceanside www.nchs-health.org	760-736-6767 2216 S. El Camino Real Ste. 121-122 Oceanside, CA 92054 619 Crouch St. Ste. 100 Oceanside, CA 92054	Provides comprehensive dental care services for children and adults.
North County Health Services Pharmacy, Oceanside www.nchs-health.org	760-757-4566 605 Crouch Street Oceanside, CA 92054	Provides NCHS patients with pharmacy services and comprehensive medication management.
Vista Community Clinic Dental Clinic North River www.vistacommunityclinic.org	760-631-5000 4700 N. River Road Ste. C Oceanside, CA 92057	Provides comprehensive dental care services for children and adults.
Family Recovery Center DreamKeepers Project www.dreamkeepersproject.org	760-439-6702 1100 Sportfisher Dr. Oceanside, CA 92054	A residential and outpatient treatment program available to pregnant and parenting women and their children through the age of 10. Services include assessment and evaluation, substance abuse treatment, counseling, mental health services, parenting education child therapy, and more.

Mental Health & Counseling		
Organization	Location & Phone Number	Services
North County Health Services Behavioral Health Services www.nchs-health.org	760-736-6767 619 Crouch Street Ste 100 Oceanside, CA 92054	Provides assessments, therapy options, and medication management services for a broad range of mental health conditions.

Palomar Family Counseling Service, Inc. (PFC) www.palomarfamilycounseling.com	760-741-2660	Individual and group counseling services for students and families, including case management, resource referrals, parenting classes, and forms assistance.
Interfaith Community Services www.interfaithservices.org	Coastal Service Center 760-721-2117 4700 North River Road Oceanside, CA 92057	Provides a variety of services including individual, group, couples and family counseling.
San Diego County Health & Human Services Agency Behavioral Health Services www.sandiegocounty.gov	858-694-3900 760-967-4401 3609 Ocean Ranch Blvd. Oceanside, CA 92058	The Children, Youth and Families section of Behavioral Health Services aids children and adolescents who are emotionally disturbed, and their families. CYF offers a wide variety of services from early intervention to residential services.
Rady EPSDT: Early & Periodic Screening, Diagnosis & Treatment Funded Mental Health Services www.rchsd.org	760-758-1480 ext. 7689	Early and periodic screening, diagnosis and treatment funded mental health services.
UPAC EPSDT: Union of Pan Asian Communities Early & Periodic Screening, Diagnosis & Treatment Funded Mental Health Services www.upacsd.com	619-232-6454	Early and periodic screening, diagnosis and treatment funded mental health services.
Optum Health www.optum.com www.Up2SD.org	888-724-7240	Provides free confidential support, crisis intervention, suicide prevention, and referrals for mental health and drug and alcohol needs.

At-Promise Youth Services		
Organization	Location & Phone Number	Services
North County Crisis Intervention and Response Team	760-305-8225	Provides services to children and teens experiencing severe

www.npino.com	1020 S. Santa Fe Avenue, Ste. B-1 Vista, CA 92085	behavioral and/or emotional difficulties. Offers walk-in and same day appointments. A Mobile Assessment Team is available to those who are unable to come into the office.
North County Lifeline, Inc. www.nclifeline.org Behavioral Health <ul style="list-style-type: none"> • HERE Now • Recovery for Life • School-Based Mental Health Full Service Partnership 	760-726-4900 760-757-0118 707 Oceanside Blvd. Oceanside, CA 92054	Provides program for youth and adults struggling with mental health issues, emotional trauma, substance abuse, and thoughts of suicide.
North County Lifeline, Inc. www.nclifeline.org Human Trafficking Prevention & Intervention <ul style="list-style-type: none"> • Project LIFE 	760-726-4900 760-757-0118 707 Oceanside Blvd. Oceanside, CA 92054	Provides ongoing gender specific prevention groups offering commercial sexual exploitation awareness to at risk youth targeting potential victims, exploiters and consumers of human trafficking.
North County Lifeline, Inc. www.nclifeline.org Child Abuse and Domestic Violence Prevention & Intervention <ul style="list-style-type: none"> • Community Services for Families (CSF) • Parent Education • Domestic Violence Intervention • Anger Management Group for Adults 	760-726-4900 760-757-0118 707 Oceanside Blvd. Oceanside, CA 92054	Provides therapeutic home visits, parenting classes, and group interventions to help manage anger and violent behavior, learn more effective parenting skills and improve relationships.
North County Lifeline, Inc. www.nclifeline.org Youth Development/Juvenile Justice Programs: <ul style="list-style-type: none"> • Alternatives to Detention • Empowering Young Men • Breaking Cycles • Community Assessment Team (CAT) • Working to Insure and Nurture Girls' Success (WINGS) • Club Crown Heights • Residential Leadership 	760-726-4900	North County Lifeline's mission is to build self-reliance among youth, individuals and families through problem solving, skill building and accessible community-based services.

Academy <ul style="list-style-type: none"> • Juvenile Forensic Assistance for Stabilization and Treatment (JFAST) • Strive 4 Success (S4S) • Teen Pregnancy Prevention 		
<u>North County Lifeline, Inc.</u> Oceanside Unified School District, Prop 47 <u>www.nclifeline.org</u>	760-842-6214	A partnership with OUSD, Oceanside Boys and Girls Club and Transformational Consultants. This program will provide continued services for youth that have attended or are attending an OUSD school and have had involvement with the Criminal Justice system. Case management, mental health and substance abuse services will be provided.
<u>Interfaith Community Services</u> <u>www.interfaithservices.org</u> Transitional Youth Academy	Coastal Service Center 760-2117 4700 North River Road Oceanside, CA 92057	Program supporting youth who are dedicated to improving their academic and career outcomes, and life skills. The program combines academic support with intensive mentoring and leadership development, career development, and opportunities for paid internships.
Transformational Consulting, TC	760-613-5267 723 Sugar Pine Street Oceanside, CA 92058	Support at-risk students via mentoring, referrals, school climate/safety support, and student leadership training.
<u>PASS AmeriCorps</u> <u>Promoting Achievement and Student Success</u> <u>www.sdcoe.net</u>	760-901-7000 ext. 7054 Programs at Laurel, Libby, Mission, Chavez, Jefferson, Lincoln, King, El Camino, Oceanside, and Ditmar.	Intervention/prevention mentoring program for academics, attendance and behavior. Gang/violence prevention/intervention.
<u>McAlister Institute</u> <u>Teen Recovery Center</u> <u>www.mcalisterinc.org</u>	760-726-4451 3921 Waring Road, Ste A Oceanside, CA 92056	Provides substance abuse treatment, recovery, and education for adolescents who are using, misusing, or abusing alcohol and/or other drugs.
<u>YMCA Transition-Aged Youth: TAY Street Outreach Program & Drop-In Centers</u>	760-908-9647 215 Barnes Street Oceanside, CA 92054	Provides crisis assessment, support services, referrals, resources, transportation to safe places, snacks, hygiene kits, and other

www.ymcasd.org		basic needs items for runaway, homeless, street, and at-risk youth ages 12-25.
A Roof for Every Youth Project OZ: YMCA www.ymca.org	760-271-7511 760-721-8930	Transition Age Youth (TAY) Bridge Housing provides runaway and homeless young adults supportive services and 6 months of short-term housing, providing a safe alternative to living on the street or in other dangerous situations.
Phoenix House Teen Recovery Center www.phoenixhouse.org	888-671-9392 785 Grand Ave. #220 Carlsbad, CA 92009	Provides adolescents outpatient services for teens 12-17 years old with substance abuse disorders and mental health conditions.
Kinship Support Services YMCA www.ymcasd.org	1-877-YMCA-4-KIN	Provides support to kinship caregivers, relatives who are raising the child of another family member. Promotes case management, support groups, and respite services.
Permanent Connections: YMCA www.ymcasd.org	619-281-8313 ext. 10729	Provides services for children ages 0-17 who are entering foster care or have been in foster care for 12 or more months and do not have permanent family connections.
Big Brothers Big Sisters of San Diego County www.sdbigs.org	858-536-4900 4305 University Ave. Ste. 300 San Diego, CA 92105	Provides meaningful, monitored matches between adult volunteers ("Bigs") and children ("Littles") ages 7 through 18. The goal is to develop positive relationships that have a direct and lasting effect on the lives of young people.

Services for Individuals with Disabilities		
Organization	Location & Phone Number	Services
Exceptional Family Resource Center	760-761-5553 255 Pico Avenue, Ste 101	Provides support, information and education for families of children with disabilities and the

www.efrconline.org	San Marcos, CA 92069	professionals who assist these families.
Community Interface Services www.communityinterfaceservices.org	760-729-3866 2621 Roosevelt Street Carlsbad, CA 92008	Provides services to children and adults with developmental disabilities.
San Diego Regional Center North County Office www.sdrc.org	760-736-1200 5931 Priestly Drive, Ste. 100 Carlsbad, CA 92008	Provides a variety of services to persons with developmental disabilities and their families.
TERI Learning Academy www.teriinc.org	760-721-1760 3225 Roymar Road Oceanside, CA 92058	Provides nonpublic school services to students with developmental and/or learning disabilities and severe behavior disorders. Training and education is provided.
Assistive Technology Center, North County SD Center for the Blind and Vision Impaired www.sdcb.org	760-758-5956 1385 Bonair Road Vista, CA 92084	Provides a wide range of products such as magnifiers, lighting, kitchen aids, accessible computer hardware and software, and more.
San Diego Assistive Technology Center (United Cerebral Palsy of SD County) www.ucpsdtechcenter.org	760-743-1050 North County Center 205 W. Mission Ave. Ste G Escondido, CA 92025	Provides augmentative and alternative communication information, alternative computer access and software, toy and software library, device lending library, adaptive computer empowerment services (A.C.E.S.)
Exceptional Family Member Program (EFMP) www.mccscp.com	Camp Pendleton Mainside: 760-763-5363 Building 13150 San Onofre/SOI: 760-763-0868 Building 520512	EFMP assists Active Duty service members in managing the dual demands of a military career and having a family member with special needs, whether medical, emotional, or educational.
Disabled Students Programs and Services MiraCosta College www.miracosta.edu	760-795-6658 1 Barnard Drive Bld. 3000 Oceanside, CA 92056	Accommodates the academic and support needs of students with disabilities by providing a variety of special services and equipment.
TASK	760-966-7860 Call to schedule an	Provides families and the professionals who serve them with

www.taskca.org	appointment or consultation. 2080 Mission Ave. Oceanside, CA 92058	training, support, information, resources and referrals.
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Military Family Services: Camp Pendleton		
School Liaison Program www.pendleton.marines.mil	Marine Corps Base Camp Pendleton 760-763-7385 760-763-7386 School Liaison Office Building 1160, Room 281 Camp Pendleton, CA 92055	The School Liaison serves as the link between military families, the installation commander, military agencies, and schools by providing assistance in matters pertaining to student education including: inbound/outbound school transfers, information on local schools, school options, kindergarten entry and high school graduation requirements, military and community agency referrals.
Marine & Family Information, Referral & Relocation www.mccscp.com	760-725-6090 760-725-5704 Building 13150 Camp Pendleton, CA 92055	Information & Referral, Relocation and Retired Activities offers current information on Camp Pendleton's commands, resources, and the available resources in the surrounding communities.
New Parent Support Program Marine and Family Programs www.mccscp.com	760-725-3884 Building 13150 Camp Pendleton, Ca 92055	Provides assistance, education, and support to Marine Corps families by offering in-home visits, parenting education classes, information, and referrals for active-duty personnel and family members.
Families OverComing Under Stress: FOCUS: Resilience Training for Military Families www.focusproject.org	760-859-6079 FOCUS Camp Pendleton 202860 San Jacinto Road Camp Pendleton, CA 92055	FOCUS provides resilience training to military children, families, and couples. It teaches practical skills to help families and couples overcome common challenges related to a military life.
Exceptional Family Member Program (EFMP) www.mccscp.com	Mainside: 760-763-5363 Building 13150 San Onofre/SOI: 760-763-0868 Building 520512	EFMP assists Active Duty service members in managing the dual demands of a military career and having a family member with special needs, whether medical, emotional, or educational.

<u>Exceptional Family Member Program EFMP</u> Lending Library <u>www.mccscp.com</u>	760-725-3175 San Luis Rey: Building 17081 760-763-0868 San Onofre/SOI: Building 520512	Provides books, DVDs, Equipment, Air Purifiers, and more.
<u>County of San Diego Health & Human Services Agency Military Service Members, Veterans and Their Families</u> <u>www.sandiego.networkofcare.org</u>	Search website for local facilities and services.	Comprehensive directory to find services and programs related to housing, employment, reintegration, education or behavioral health for military service members and their families.
<u>American Red Cross WIC, Camp Pendleton, San Onofre Center</u> <u>www.redcross.org</u>	800-500-6411 Basilone Road Building 51919 Camp Pendleton, CA 92672	Supplemental nutrition assistance program that helps pregnant women, infants, and children (up to age 5) eat well, stay healthy, and be active.
<u>Hand Up Food Pantry:</u> Camp Pendleton <u>www.jfssd.org</u>	858-637-3210 Religious and Development Center Building 1344 Camp Pendleton, Ca 92058	Market style food distribution for military families, providing fresh produce, non-perishables, and diapers.
<u>Mobile Farm Stand, Camp Pendleton</u> <u>www.sendiego.networkofcare.org</u>	760-479-6505 Unit Event Center Building 51919 (Basilone Gate) San Onofre, CA 92058	Offers free certified-organic vegetables for active-duty military families in partnership with Hand Up Youth Food Pantry
<u>Assistance League of North County Chapters for Children</u> <u>www.alnc.org</u>	P.O.Box 2682 Carlsbad, CA 92018	Distribute clothing and school supplies for children of service members at Camp Pendleton.
<u>Family Forces Counseling for Military Families</u> <u>www.familyforces.org</u>	858-277-7907	Provides on-site counseling services to military students with Tricare insurance. Provides individual, family and group counseling services. Licensed therapists can deal with a wide variety of behaviors and symptoms including those linked to the stressors of military life.

<u>Operation BIGS</u> Big Brothers Big Sisters of San Diego County <u>www.sdbigs.org</u>	Camp Pendleton: 858-746-9178 San Diego 858-746-9184	A military mentoring program of Big Brothers Big Sisters after-school program providing mentoring and support to students of military families.
<u>Operation HERO</u> <u>Armed Services YMCA</u> <u>www.asymca.org</u>	ASYMCA 200090 Ash Road, Wire Mountain Road Oceanside, CA 92058	Provides a no-cost after-school program tailored to the unique struggles of military children. The program is designed to help military kids in grades 2-8 get back on track in school and at home.

Refugee & Immigration Services		
Organization	Location & Phone Number	Services
<u>Interfaith Community Services</u> <u>www.interfaithservices.org</u>	760-721-2117 Libby Lake Resource Center 4700 N. River Road Oceanside, CA 92057	Provides assistance with DACA applications, U-Visas, VAWA petitions, Family Immigration petitions, Naturalization applications, SIJS applications, general immigration information, and deportation defense.
<u>American Friends Service Committee</u> <u>www.afsc.org</u> usmexborder@afsc.org	U.S.-Mexico Border Program 3850 Westgate Place San Diego, CA 92105 619-233-4114	The U.S./Mexico Border Program advances human rights and self-determination of migrant communities through base-building, alliance-building, documentation, and policy-impact.
<u>San Diego Health & Human Services Agency</u> <u>Cash Assistance Program for Immigrants (CAPI)</u> <u>www.sandiegocounty.gov</u>	866-262-9881	The Cash Assistance Program for Immigrants (CAPI) is a state-funded cash aid program for certain immigrants who are not eligible for the federally funded Supplemental Security Income/State Supplementary Payment (SSI/SSP) program

U.S. Citizenship and Immigration Services www.uscis.gov	800-375-5283 Field Office: 880 Front Street, Ste. 4251 San Diego, CA 92101	Provides assistance in obtaining legal entry into the country, employment authorization, naturalization, orphan adoptions, travel documents, adjustment of status, permanent residence, and citizenship.
Mexico Consulate www.consulate-info.com	619-231-8414 1549 India Street San Diego, CA 92101	Provides assistance with passports and visas, and travel insurance.

Legal Services		
Organization	Location & Phone Number	Services
San Diego Department of Child Support Services www.SanDiegoChildSupport.org	866-901-3212	Provides childcare resources, education, employment training, legal assistance, and questions about child support.
Legal Aid Society of San Diego: Oceanside Branch www.lassd.org	760-722-1935 216 Tremont Street Oceanside, CA 92054	Provides low-income clients with free civil legal assistance, including legal advice and counsel, effective referrals, and legal representation.
Transgender Law Center www.transgenderlawcenter.org	415-865-0176	Provides advocacy, information and resources to protect and advance the rights of transgender and gender nonconforming people.
Interfaith Community Services www.interfaithservices.org	760-721-2117 Libby Lake Resource Center 4700 N. River Road Oceanside, CA 92057	The Volunteer Income Tax Assistance (VITA) program offers free income tax return preparation to qualified individuals (people who generally make \$56,000 or less, persons with disabilities, seniors, and limited English speaking taxpayers.

Before & After School Care and Tutoring Programs

Organization	Location & Phone Number	Services
Boys and Girls Clubs of Oceanside www.bgcoceanside.org Boys and Girls Clubs of Oceanside Before & After School Care in OUSD www.bgcoceanside.org	760-433-8920 401 Country Club Lane Oceanside, CA 92054 .	Provides physical education and social recreational activities such as sports, arts and crafts, and photography. Counseling, homework tutoring, and referrals are available. Offers leadership development for youth, a computer center and free noon meals during the summer for ages 5-18. Before & after school programs provided at: San Luis Rey, South Oceanside, & Jefferson. After school programs provided at: Laurel, Libby, King.
After School Achievement Program (ASAP)	760-207-8611 825 College Blvd. Ste. 102 Oceanside, CA 9205	Before and after school programs Provided at: Del Rio, Nichols, North Terrace TK-8, & Santa Margarita K-8. After school program at: Mission & Reynolds.
Success Through Academics and Role Models (STAAR) www.staarafterschoolprogram.com	760-529-7014 214 San Diego Ste. #76 Oceanside, CA 92058	After school program provided at: Lincoln.
ARC www.arc-experience.com	310-671-4400 370 Amapola Ave. Ste 210 Torrance, CA 90501	After school program at: Chavez.
Before & After School Enrichment (BASE) www.baseprograms.com	760-859-6005 P.O.Box 2657 Oceanside, CA 92051	Before and after school programs provided at: Foussat, Garrison, Ivey Ranch, Palmquist, and Stuart Mesa K-5.
YMCA www.ymca.org	760-294-5050 800-481-2151 myreferral@ymca.org	Provides programs, services, and initiatives that enable kids to realize their potential. YMCA also provides free child care referrals and resources to families.

	760-758-0808 4701 Mesa Drive Oceanside, CA 92056	Before and after school programs provided at: McAuliffe, & Reynolds.
<u>Gaining Early Awareness and Readiness for Undergraduate Programs (GEAR UP)</u> Partnership with MiraCosta College and OUSD <u>www.ousdgearup.com</u>	Programs at Chavez, Jefferson, King, & Lincoln middle schools Contact schools for more info.	Provides in-class and after-school tutoring to eligible students in OUSD middle schools. Also provides field trips, workshops, and college & industry sector visits to interested students.
After School Safety and Enrichment for Teens (ASSETs)	760-966-4018	Provides a safe and supervised environment after school program for students in grades 9-12 to receive academic support and enrichment. Services provided at: El Camino, Oceanside, Ocean Shores
<u>North County Lifeline</u> <u>Club Crown Heights Afterschool Programs</u> <u>www.nclifeline.org</u>	760-726-4900 ext. 6306 Club Crown Heights La Casita (Ages 6-10) 402 Brooks Street Oceanside, CA 92054 Club Crown Heights La Escuelita (Ages 11-17) 1210 Division Street Oceanside, CA 92054	Offers after school programs at the Crown Heights Resource Center and La Casita Center in Oceanside. Program incorporates homework assistance, life skills education, recreation, art and enrichment activities for youth.
<u>Vista Community Clinic</u> Project R.E.A.C.H. (Recreation, Employment Readiness, Academic Achievement, Communication, Healthy Lifestyles) <u>www.vistacommunityclinic.org</u>	Balderrama REACH 709 San Diego Street Oceanside, CA 92058 760-631-5000 ext. 7137 Libby Lake REACH 4700 North River Road Ste. C Oceanside, CA 92057 760-631-5000 ext. 7137	After-school program that offers tutoring in core subjects, volunteer and mentoring opportunities, college and employment prep assistance, fun activities, and field trips.
<u>Oceanside Public Library</u> <u>www.ci.oceanside.ca.us</u>	Oceanside Public Library Civic Center 760-435-5600 330 N. Coast Hwy. Oceanside, CA Oceanside Public Library Mission Branch	Book Buddies and Homework Helpers offers free weekly reading and homework assistance for students in grades K-8. Civic Center Branch Monday - Thursday 3:30-5:30

	760-435-5600 3861 Mission Ave. Oceanside, CA	Mission Branch Monday - Thursday 3:30-5:30.
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Community Services		
Organization	Location & Phone Number	Services
<p><u>Oceanside Parks & Recreation</u></p> <p>For a comprehensive list of parks and recreational facilities visit: <u>www.oceansiderec.com</u></p> <p><u>Oceanside Parks and Recreation Activity Guide</u></p> <p><u>www.ci.oceanside.ca.us</u></p>	<p>Junior Seau Beach Community Center 760-435-5233 300 North The Strand Oceanside, CA 92054</p> <p>Melba Bishop Recreation Center & Park 760-435-5550 5306 North River Road Oceanside, CA 92057</p> <p>Joe Balderrama Recreation Center & Park 760-435-5530 709 San Diego Street Oceanside, CA 92054</p> <p>John Landes Park 2855 Cedar Road Oceanside, CA 92056</p> <p>Brooks Street Swim Center 760-435-5225 130 Brooks Street Oceanside, CA 92054</p> <p>Marshall Street Swim Center 760-435-5535 1404 Marshall Street Oceanside, CA</p>	<p>Provides facilities and a wide variety of programs designed to enrich the lives of the entire community through positive and fulfilling recreational experiences. The Neighborhood Services Department offers Youth Scholarships to qualifying Oceanside families. For more information contact Javier Bermudez at <u>jbermudez@oceansideca.org</u></p>
<p>City of Oceanside <u>Community Resource Centers</u></p> <p><u>www.ci.oceanside.ca.us</u></p>	<p>Libby Lake Community Center</p> <p>760-435-3600 4700 North River Road Ste A Oceanside, CA 92057</p>	<p>.The community Resource Centers provide a venue at which non-profit health and social service agencies can provide services aimed at improving and enhancing the quality of life of residents in the</p>

	<p>Chavez Community Resource Center</p> <p>760-435-3371 605 San Diego Street Oceanside, CA 92054</p> <p>Crown Heights Community Resource Center</p> <p>760-435-3335 1210 Division Street Oceanside, CA 92054</p>	<p>neighborhoods served. Center staff and collaborative agencies help residents locate and access needed services. They also provide a site for after school programs, youth and adult education and health programs, computer access and training.</p>
<p>Oceanside Public Library</p> <p>www.ci.oceanside.ca.us</p>	<p>Oceanside Public Library Civic Center 760-435-5600 330 N. Coast Hwy. Oceanside, CA</p> <p>Oceanside Public Library Mission Branch 760-435-5600 3861 Mission Ave. Oceanside, CA</p> <p>Bookmobile Bookmobile schedule</p> <p>Oceanside READS Center 760-435-5680 321 N. Nevada Street Oceanside, CA</p>	<p>Along with books, DVDs, CDs, audio books, eBooks, and Children's eBooks the library offers public computers with internet access and wi-fi, printing, faxing, scanning, and copying services, private study rooms, tutoring, dedicated areas just for children and teens, and much more.</p> <p>Set Up to Succeed is a new partnership between the library and OUSD. All students in grades K-12 are now automatically issued an Oceanside Public Library card through the online Aeries enrollment process.</p> <p>Oceanside READS offers services for adults over 18 years old learn to read and improve their reading skills.</p>
<p>City of Oceanside Neighborhood Services</p> <p>www.ci.oceanside.ca.us</p>	<p>760-435-3360</p> <p>321 N. Nevada Street Oceanside, CA</p>	<p>The Housing Division administers the following programs: Community Resource Centers, Family Self-Sufficiency, Affordable Housing Development, Homeowners Assistance, and Section 8 Rental Assistance.</p>
<p>Oceanside Fire Department</p>	<p>Emergency 9-1-1 Non-emergency</p>	<p>OFD's 8 fire stations provide 24/7 services for the preservation and</p>

www.ci.oceanside.ca.us	760-435-4100 300 North Coast Hwy. Oceanside, CA 92054	protection of life, property, and the environment. Other services provided include: Baby Safe Arms, CPR & CERT training, and disaster preparedness.
Oceanside Police Department www.ci.oceanside.ca.us	Emergency: 9-1-1 Non-emergency: 760-435-4900 3855 Mission Avenue Oceanside, CA 92054	OPD works with the community to build trust and provide quality service that actively prevents crime and promotes safety. OPD also operates 6 Resource Centers within Oceanside.
MiraCosta College www.miracosta.edu	Oceanside Campus 760-757-2121 1 Barnard Drive Oceanside, CA 92056 Community Learning Center 760-795-8710 1831 Mission Avenue Oceanside, CA 92058	A comprehensive, public community college. Offers a variety of associate degree and certificate programs, academic and career pathways. Also offers many continuing education and non-credit classes including English as a Second Language (ESL) and GED test preparation.
Live Well San Diego www.livewellsd.org		Live Well San Diego is a regional vision that aligns the efforts of County government, community partners and individuals to help all SD county residents be healthy, safe and thriving.
Oceanside Promise www.oceansidepromise.org		A community partnership bringing together more than 40 organizations to strategically align programs, services and resources to improve the social, emotional, and academic success of children, youth and young adults.