

## REFERRAL AND INFORMATIONAL RESOURCES

The following resources should be considered if and when an individual is experiencing crisis. There are counselors on stand-by 24 hours a day to assist in both English and Spanish.

### **If imminent danger is present call 911**

Facility/Service Name	Address	Contact Information
1) Radys Children's Hospital Behavioral Crisis Center	3605 Vista Way, Ste. 258 Oceanside, CA 92056	(760) 730-5900 <a href="http://www.rchsd.org/programs/services/a-z/p-r/psychiatry/locations/index.htm">http://www.rchsd.org/programs/services/a-z/p-r/psychiatry/locations/index.htm</a>
2) Aurora Behavioral Health Care	11878 Avenue of Industry, San Diego, CA 92128	(858) 487-3200 (888) 565-4228 <a href="http://sandiego.aurorabehavioral.com/">http://sandiego.aurorabehavioral.com/</a>
3) Child & Adolescent Psychiatry Services (CAPS)	6535 Alvarado Rd., San Diego, CA 92120	(619) 229-3700 <a href="http://www.rchsd.org/programs/services/a-z/p-r/psychiatry/caps/index.htm">http://www.rchsd.org/programs/services/a-z/p-r/psychiatry/caps/index.htm</a>
4) San Diego 24 Hour Crisis Hotline	Hotline Only	(800) 479-3339
5) National Hopeline Network	Hotline Only	(800) 442-4673 (800) 784-2432 (Spanish)
6) Family Forces, Counseling Services for Military Families	940 E. Valley Parkway, Suite D, Escondido, CA 92025	(760) 300-3313
7) North County Lifeline: Early Periodic Screening, Diagnosis, & Treatment (EPSDT)	707 Oceanside Blvd., Oceanside, CA 92054	(760) 757-0118 ext. 6214 (760) 842-6214 <a href="http://www.nclifeline.org/services/developing-youth-resilience/individual-a-group-mental-health-counseling.html">http://www.nclifeline.org/services/developing-youth-resilience/individual-a-group-mental-health-counseling.html</a> Facebook: <a href="https://www.facebook.com/nclifeline">https://www.facebook.com/nclifeline</a>
8) California Youth Crisis Line	Hot Line Only	(800) 843-5200 <a href="http://www.youthcrisisline.org/">http://www.youthcrisisline.org/</a> Facebook: <a href="https://www.facebook.com/cayouthcrisisline?fref=ts">https://www.facebook.com/cayouthcrisisline?fref=ts</a>
9) National Suicide Prevention Lifeline	Hot Line Only	(800) 273-8255 <a href="http://www.suicidepreventionlifeline.org/">http://www.suicidepreventionlifeline.org/</a> Facebook: <a href="https://www.facebook.com/800273TALK">https://www.facebook.com/800273TALK</a>
10) Sharp Mesa Vista	7850 Vista Hill Ave, San Diego, CA 92123	(858) 278-4110 <a href="http://www.sharp.com">http://www.sharp.com</a>

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\*Routing: 1) a copy in cum, 2) original to ESS, 3) parent receives copy