

# SOCIAL EMOTIONAL LEARNING (SEL) AT HOME

Click on links to be directed to resources and activities

## HELP CHILDREN WITH COPING SKILLS

[Helping children cope with Stress](#)

[Navigating relationships in tight quarters](#)

## POSITIVE RELATIONSHIP

[Explaining Covid-19 to lessen worries](#)

[Social Emotional Impact of Distance Learning](#)

[Love and Logic - Parenting Classes](#)

[Praise that builds self-esteem](#)

[FREE Until May 15](#)

## BUILDING POSITIVE ENVIRONMENT

[Positive Conditions for Learning](#)

[SEL in an unplanned Home School Setting](#)

[Social emotional during Covid-19](#)

## SEL ACTIVITIES AT HOME

[Positivity Board Game](#)

[Strengths Chain](#)

[Starfish and Tornadoes](#)

[Games that teach SEL](#)